

*The 2nd Annual*  
**INTERNAL  
MEDICINE**

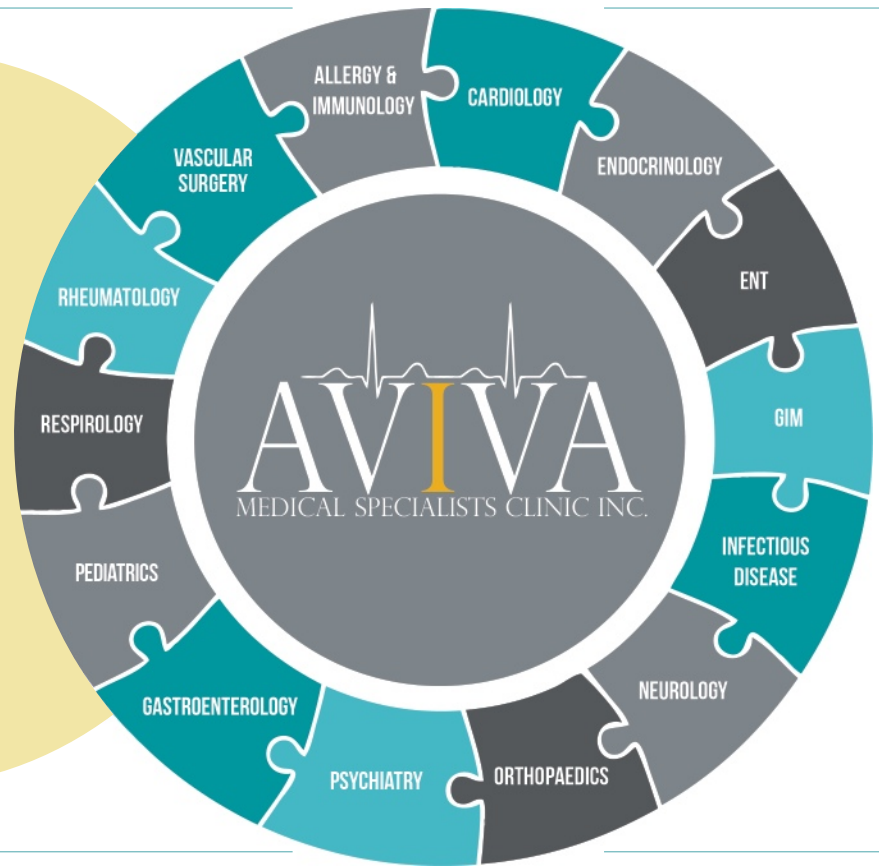
*for Primary Care Practitioners*

SYMPOSIUM

**Saturday February 24, 2018**

7:00 am – 4:15 pm

BURLINGTON CONVENTION CENTRE  
1120 BURLOAK DRIVE  
BURLINGTON, ON



**This program has been certified by the College of Family Physicians of Canada and the Ontario office for up to 6.25 Group Learning (Mainpro+) credits**

Supported by

Amgen  
AstraZeneca  
Bayer  
Boehringer Ingelheim  
Bristol Myers Squibb/Pfizer  
Eli Lilly  
Icentia  
KMH  
LMC Manna Research  
Merck  
Novartis  
Nu-Life Medical & Surgical Supplies  
Roxon  
Sanofi



**BURLINGTON CONVENTION CENTRE**  
1120 Burloak Drive  
(Burloak Drive & North Service Road)  
905-319-0319

# FACULTY

**Mohammed Azharuddin MD, MBBS, ABIM, FRCPC**  
Endocrinology, Diabetes and Metabolism

**Sudip Datta MD, FRCPC, FACC**  
Cardiologist

**Umami Habiba MD, FRCSC, NCMP, MBBS, MCPS, FCPS**  
Assistant Professor of Obstetrics/Gynecology, McMaster University; Consultant, Obstetrics/Gynecology, Joseph Brant Memorial Hospital

**Basil Hassouneh MD, FRCSC**  
Adult and Pediatric General Otolaryngology

**Robert Josefchak MD, FRCSC**  
Associate Clinical Professor of Surgery, McMaster University; Orthopedic Surgeon

**Neel Mahotra MD, FRCPC**  
Assistant Clinical Professor of Medicine (Adjunct), McMaster University; Gastroenterology/Therapeutic Endoscopy, Niagara Health System

**Gillian Mazzetti MD, FRCPC**  
Assistant Clinical Professor of Medicine (Adjunct), McMaster University; Endocrinology, Diabetes and Metabolism

**Fatima Merali MSc, MD, FRCPC**  
Internal Medicine and Cardiology; Medical Director, Heart & Vascular Centre for Cardiology

**Netee Papneja MD, FRCPC**  
Endocrinology, Diabetes and Metabolism

**Ewa Pasyk MD, FRCPC, MSc, PhD**  
Internal Medicine

**Megha Poddar MD, FRCPC**  
Endocrine and Metabolic Disorders

**Rebecca Pratt MBBS, FRCPC**  
Assistant Clinical Professor of Medicine, McMaster University; Allergy, Asthma and Clinical Immunotherapy

**Kaiser Qureshy MD, FRCSC**  
Adult and Pediatric General Otolaryngology

**Dan Segal MD, FRCPC**  
Professor of Medicine (Adjunct), McMaster University; Gastroenterology & Hepatology, Niagara Health System

**Michelle Stinson MD, FRCPC, FACC, BScPhm**  
Cardiologist

**Valerie Taylor MD, FRCPC, PhD**  
Associate Professor of Psychiatry, University of Toronto; Psychiatrist-in-Chief, Woman's College Hospital; Mental Health Chair, Canadian Obesity Network

**Sophia Xu MD, FRCPC**  
Pediatrics, Allergy, Asthma and Clinical Immunotherapy

## LEARNING OBJECTIVES

**At the end of this program, participants will be able to:**

- Develop an evidence-based practical approach to common problems seen in an outpatient population (diabetes, hypothyroidism in pregnancy, hypertension, anticoagulation and its sequelae)
- Incorporate the recent advances in internal medicine into their clinical practice
- Engage in lively discussions and participate in practical workshops with typical case scenarios
- Participate in ongoing research initiatives, exploring media to encourage continued education

# PROGRAM

7:00 am **Registration and Breakfast**

7:55 am **Welcome and Introduction** — *Fatima Merali, MD*

## ENDOCRINOLOGY

**Chairs: Sudip Datta, MD and Fatima Merali, MD**

8:00 am **What's New in Diabetes: CV Outcomes Review** — *Megha Poddar, MD*

8:15 am **Approach to Testosterone Deficiency Syndrome** — *Netee Papneja, MD*

8:30 am **Osteoporosis Essentials** — *Mohammed Azharuddin, MD*

8:45 am **Hypothyroidism in Pregnancy: Update on 2017 ATA Guidelines** — *Gillian Mazetti, MD*

9:00 am **Panel Discussion / Q & A**

## GASTROENTEROLOGY

**Chairs: Mohammed Azharuddin, MD and Netee Papneja, MD**

9:15 am **An Update on Dyspepsia** — *Dan Segal, MD*

9:30 am **Helpful Tools: Managing Antiplatelet and Antithrombotic Drugs** — *Neel Mahotra, MD*

9:45 am **Panel Discussion / Q & A**

10:00 am **Nutrition Break and Exhibits**

## WORKSHOP SESSIONS (10:30 am, 11:00 am, 11:30 am) (Choose 3 of 5)

10:15 am **Orientation: Fatima Merali, MD**

A) **All You Need to Know About Immunotherapy** — *Rebecca Pratt, MBBS and Sophia Xu, MD*

B) **Shoulder Pain: A Practical Approach** — *Robert Josefchak, MD*

C) **Narrow Complex Tachyarrhythmias Made Easy** — *Sudip Datta, MD*

D) **Clinical Conundrums in Diabetes and Obesity** — *Megha Poddar, MD*

E) **To Anticoagulate or Not to Anticoagulate: That is the Question** — *Fatima Merali, MD*

12:00 pm **Lunch and Exhibits**

## CARDIOVASCULAR/THROMBOSIS

**Chairs: Megha Poddar, MD and Rebecca Pratt, MBBS**

1:00 pm **Hypertension: Management and Update** — *Michelle Stinson, MD*

1:15 pm **Prospective Treatment of Cardiovascular Disease: COMPASS Study Outcomes**  
*Ewa Pasyk, MD*

1:30 pm **Panel Discussion / Q & A**

## OBSTETRICS/GYNECOLOGY

1:45 pm **The Latest on Menopause and HRT** — *Ummi Habiba, MD*

2:00 pm **Panel Discussion / Q & A**

2:15 pm **Nutrition Break and Exhibits**

## OTOLARYNGOLOGY

2:30 pm **A Systematic Approach to Nasal Obstruction** — *Basil Hassouneh, MD*

2:45 pm **Sudden Sensorineural Hearing Loss: An ENT Emergency** — *Kaiser Qureshy, MD*

3:00 pm **Panel Discussion / Q & A**

## SPECIAL GUEST LECTURE

3:15 pm **An Overview of Binge Eating Disorder** — *Valerie Taylor, MD*

3:30 pm **Panel Discussion / Q & A**

3:45 pm **MEDICAL JEOPARDY** — Moderator: *Fatima Merali, MD*

4:15 pm **Closing Remarks** — *Fatima Merali, MD*

# REGISTRATION FORM

*The 2nd Annual*  
**INTERNAL MEDICINE**  
*for Primary Care Practitioners* SYMPOSIUM

February 24  
2018

Burlington  
Convention  
Centre

Please reply via FAX by Wednesday Feb. 21, 2018  
**647-694-3528** Attn: Dr. Fatima Merali

First Name _____	Last Name _____	
<b>Office Address:</b>		
Suite: _____	Street: _____	
City _____	Province _____	Postal Code _____
Office Telephone _____		
Office Fax _____		
Registration will be confirmed upon receipt of payment, ONLY if an email address is provided.		
<b>Email</b> _____		

## STAMP HERE PLEASE

<b>DELEGATE PROFILE</b>	<input type="checkbox"/> Family Physician	<input type="checkbox"/> Diabetes Nurse Educator	<input type="checkbox"/> Family Medicine Resident*
	<input type="checkbox"/> General Internist	<input type="checkbox"/> Diabetes Educator	<input type="checkbox"/> Internal Medicine Resident* <b>Specialty</b> _____
	<input type="checkbox"/> Cardiologist	<input type="checkbox"/> Dietitian	<input type="checkbox"/> Cardiology Resident*
	<input type="checkbox"/> Endocrinologist	<input type="checkbox"/> Pharmacist <b>Specialty</b> _____	<input type="checkbox"/> Endocrinology Resident*
	<input type="checkbox"/> Nephrologist	<input type="checkbox"/> Nurse Practitioner <b>Specialty</b> _____	<input type="checkbox"/> Nephrology Resident*
	<input type="checkbox"/> Hospitalist	<input type="checkbox"/> Registered Nurse <b>Specialty</b> _____	<input type="checkbox"/> Student* <b>Specialty</b> _____
	<input type="checkbox"/> Emergency Medicine Physician	<input type="checkbox"/> Technician <b>Specialty</b> _____	
	<input type="checkbox"/> Physician Assistant	<input type="checkbox"/> International Medical Graduate (IMG)	
	<input type="checkbox"/> Physician (other) <b>Specialty</b> _____		
			*No charge

**PLEASE RANK YOUR PREFERENCES FOR WORKSHOPS: (1 = PREFER MOST, 5 = PREFER LEAST)**

___ <b>A</b> Immunotherapy	___ <b>C</b> Narrow Complex Tachyarrhythmias	
___ <b>B</b> Shoulder Pain	___ <b>D</b> Diabetes and Obesity	___ <b>E</b> Anticoagulation

**Registration  
Fee  
\$50**

To reserve your space, please FAX your registration to 647-694-3528  
*Please make cheque or money order payable to:*  
**AVIVA MEDICAL INC.**

**PLEASE MAIL REGISTRATION FORM AND PAYMENT TO:**  
**Alfie Cevraini, 44 Cardigan Road, Etobicoke, On M8Z 2W2**

For more information please email [alfie.cevraini@sympatico.ca](mailto:alfie.cevraini@sympatico.ca)